

Region 10
Genesee • Lapeer • Sanilac • St. Clair Counties

GROUP MEETING: SUD Oversight Policy Board
PLACE: Lapeer County Health Department
1800 Imlay Rd., Lapeer, MI 48446
DATE: October 9, 2018
TIME: 3:30 p.m.
PRESIDING: Wanda Cole, Chairman

Present: Todd Anglebrandt, Ryan Ashley, Ken Briggs, Cheryl Clark, Wanda Cole, Denise Foote, Gary Jones, Deborah O'Brien, Kimberly Shewmaker, Jeff Stoner
Absent: Ed Rieves
Also Present: Kim Prowse, Region 10 SUD Director; Tom Butler, Region 10 CFO; Danielle Stolicker, Region 10 Administrative Coordinator; Cindy Eckert, Region 10 Administrative Coordinator; Katie Katrinic, Region 10 Secretary

1. CALL TO ORDER

The October 9, 2018 Region 10 SUD Oversight Policy Board meeting was called to order at 3:27 pm by Chairman Cole.

2. ADDITIONS / DELETIONS / CHANGES TO THE AGENDA

None

Moved by Mrs. O'Brien, supported by Ms. Foote to approve the agenda as presented. Passed by voice vote. **MOTION CARRIED.**

3. CITIZENS WISHING TO ADDRESS THE BOARD

None

4. PRESENTATION OF PREVIOUS MEETING MINUTES

Moved by Ms. Clark, supported by Mrs. O'Brien to approve the August 14, 2018 meeting minutes of the Region 10 SUD Oversight Policy Board as presented. Passed by voice vote. **MOTION CARRIED.**

5. BUDGET

A. General

Mr. Butler reviewed the financial statements handout. The first page is revenue and expenditures by funding source and the second page is a breakdown of the SUD Block Grants. Total revenue is \$20.2 million and total expense before PA2 redirect is \$20.04 million with a net surplus of \$153,000. August represents 92% of the year and we are about 95% to budget and right on track.

B. SUD Finance Presentation

Mr. Butler and Mrs. Prowse shared and reviewed the SUD Finance Presentation they presented at the Region 10 PIHP Board Meeting. The presentation is a review of selected demographic and finance data on Treatment services within the Region through June YTD. After the presentation they opened the floor for questions and discussion.

C. How we are Funded

Information only. Handout 5.C. was created by the Michigan Association of Community Mental Health Boards and is a snap shot to show how we are funded. It speaks on the Community Mental Health System as well as the PIHPs. Mrs. Prowse pointed out that Michigan has remained the only state in the nation that provides publicly managed care for all four major populations which they believe is saving the state more than \$1 billion. She will try to find a color copy and forward to the Board. This document can be a useful educational tool for individuals or new legislators who are unfamiliar with our system.

6. PREVENTION UPDATE

A. Prevention Outcomes

Ms. Stolicker shared additional data this time on tobacco usage for the 2017-2018 school year from the MiPHY (Michigan Profile for Healthy Youth) which is a survey that goes out every other year to 7th, 9th and 11th graders. She didn't do any comparison from the 2015-2016 school year because the questions were different and didn't compare as well as other categories. She noted that there was a significant increase in all counties for how many students are using electronic vapor products. It was pretty high across three of the four counties they have data for and higher than tobacco use. (36% Sanilac, 31% St. Clair, 24% Genesee). She pointed out that the age of first use of tobacco has gone down; it's about 12-13 years of age across the Region. The percentage of students smoking cigarettes has gone down slightly but percentage using vapor products is going up.

B. PFS Media Campaign

This will be the third year for the PFS Media Campaign in Genesee County and this year's focus will be on Social Norming. The Region worked with Concept Three on the video which is currently awaiting approval from the Department. Once approval is received it will be disseminated via social media, Facebook, YouTube, television, radio, etc. and shared with Providers. She stated Concept Three may try geofencing with Snapchat which will target people in a certain area and it will pop up on their Snapchat. There will also be a component to target Hispanic individuals with a Spanish version.

C. Prescriber Presentation

Through the RFI Grant, the St. Clair County Health Department and their Prescriber Relations Committee did a Prescriber Training with Dr. David Yanga, Chief Medical Officer, Brighton Center for Recovery as the presenter. Data shared from this showed that a daily smoker is at five (5) times greater risk of developing an opioid abuse or dependent diagnosis. Ms. Stolicker is working on getting approval from the St. Clair County Health Department to be able to share Dr. Yanga's presentation.

7. TREATMENT UPDATE

A. GAIN Assessment Update

Mrs. Prowse stated there have been a number of individuals around the state who are dropping out of the Training Program - Train the Trainer because it's so intensive. There are a few providers who have completed or are in the process of completing the training and they will be able to provide trainings throughout the Region or in house at their agencies. There are also a few who have gone through the Administrator training, so they are able to do the Gain Assessment, but they are not trainers. Because of the low number of trainers within the Region compared to how many people will need to be trained the SUD Directors all made the recommendation that each of the PIHPs be able to hire a GAIN Coordinator. The thought is to have one person at the PIHP level as a trainer who would also coordinate with those who have

or will complete the Train-the-Trainer process to ensure everyone gets trained and the process is consistent and tracked well. Also to ensure there is always capacity to provide trainings to the Region 10 Provider Network on an ongoing basis. We are currently looking at numbers needing to be trained, seeking guidance and clarification from MDHHS on Master Level vs. Bachelor level training as well as discussions on how 298 will impact this. Mrs. Prowse will continue to share updates.

B. Women's Recovery Conference

The 2018 Women's Recovery Conference was held at the University of Michigan-Flint Riverfront Banquet Center on September 11, 2018. Ms. Eckert shared a summary handout of the event. Overall the event went very well. They date has already been set for next year; August 8, 2019 and interest has been expressed to assist in the planning. Ms. Eckert asked the Board members to let her know if they would be interested in being presenters, if they have topic suggestions or if they know of anyone they would like to recommend as a presenter to please let her know. The goal of the conference to try to introduce the participants to different ideas about recovery they might not normally think of or to different agencies that would provide a resource to them.

C. Recovery Coach Academy

Region 10 partnered with New Paths, Inc. and Holy Cross Counseling Services to host the Recovery Coach Academy during the week of September 24-28 and it was held at Holy Cross Services in Flint. The Connecticut Community for Addiction Recovery (CCAR) training was facilitated by Kevin McLaughlin and Clyde Sims, from The Art of Coaching, Inc. There were 32 individuals who completed the entire week of training and they received a certificate of completion from CCAR and 32 MCBAP CEUs to start them out on their certification. Three organizations requested that those completing the training contact them for professional placement opportunities in our region. After giving written permission, a list of individuals seeking experience in the recovery coaching field was sent to all Region 10 PIHP providers to assist with future employment opportunities. Ms. Eckert added that the Region anticipates facilitating future trainings in the Region.

D. MDOC Update

Mrs. Prowse informed the Board that Region 10 has decided not to pursue a contract with MDOC. This decision was made in large part to 298 given that the majority of people coming into the Region through MDOC are individuals that live in Genesee County and will receive services within Genesee County. With the amount of administrative work involved, costs associated with software changes and other potential costs, it did not make financial sense to take on the contract that would service only a small amount of individuals from the remaining three counties.

8. CONTRACTS

A. FY18 Contract Monitoring Report

Mrs. Prowse provided and reviewed a summary of the annual FY18 Contact Monitoring Report for both CMH and SUD providers in Region 10. There were 17 SUD providers both Treatment and Prevention. There are more providers who are under specialty LOAs where other special reviews/monitoring are being done and are not included in this report. Scores overall as a Region show providers are doing well. After reviewing the report, Mrs. Prowse opened the floor for questions and discussion.

B. Naloxone Monitoring Report

Ms. Stolicker and Mrs. Prowse conducted onsite reviews of the Naloxone LOA's and Ms. Stolicker shared the aggregate report of the onsite reviews. Overall the providers did really well with an average of 98.7% across all four providers.

C. FY18 LOA-Sobering Facility Monitoring

Ms. Eckert shared the overview of the LOA-Sobering Facility Monitoring for New Paths, Inc. Overall, they scored 100% on their monitoring tool and there were identified issues. Mrs. Prowse added that this is one of the programs the Region funds through PA2 dollars.

9. SOR (State Opioid Response)

A. MDHHS Proposals

Mrs. Prowse referenced handout 9.A. which is the proposals MDHHS submitted to SMAHSA. It not only shows some of the areas the PIHP will be able to bid on, but other agencies that would benefit from the SOR dollars to help address the opioid epidemic.

B. Region 10 Proposals

This is the RFI the Region received from The Department and the proposals are due back to them this Friday (Oct. 12, 2018). The SUD Team has been working hard to figure out what that programming would look like and seeing what the Region would be able to do because it would need to be up and running within 3 months of the grant. Page 4-6 are all the different initiatives the Region is able to write proposals for. Page 9 lists for Region 10 the up-to dollar amounts they would provide to us for one year should we submit proposals. This is a two-year grant and each year we would be able to get that dollar amount for each initiative. Mrs. Prowse added the Region is likely applying for all with one they are still working on ideas for. After reviewing the document Mrs. Prowse opened the floor for questions and discussion.

C. Region 10 SOR Coordinator

Part of the requirements of the grant is that there is a designated PIHP Coordinator who would be responsible for oversight of all the programs, reporting, state meetings and the liaison for the different initiatives. A draft posting for this position has been sent to management for review and approval.

10. MEMBERSHIP

A. Michael Slater Application

Mrs. Prowse presented an application for membership on the Oversight Board from Mr. Michael Slater for review. He is a supervisor at MDOC in Sanilac and would represent Sanilac County which there currently is a vacancy for.

Moved by Ms. Cole, supported by Mrs. O'Brien to approve the application for Michael Slater for membership on the Region 10 SUD Oversight Policy Board. Passed by voice vote. **MOTION CARRIED.**

Mrs. Prowse will make outreach to Mr. Slater.

11. OTHER

A. LARA Public Hearing

There will be a public hearing to discuss the changes in the LARA administrative rules for SUD on Wednesday, October 17, 2018. Mrs. Prowse will be attending.

12. NEXT MEETING – November 13, 2018

Mrs. Prowse broached the subject of cancelling the December 11th meeting and making that determination now rather than at the November meeting. This falls into line with the recommended minimum of a quarterly scheduled meeting.

Moved by Ms. Foote, supported by Mrs. O'Brien to approve cancelling the December 11, 2018 meeting of the Region 10 SUD Oversight Policy Board. Passed by voice vote. **MOTION CARRIED.**

13. ADJOURNMENT

The meeting was adjourned at 5:00 pm.

Respectfully submitted,

Katie Katrinic
Recording Secretary