No wrong door

If you can't call, walk in and talk to someone. If we cannot help you, we will refer you to someone who can.



Genesee Health System 420 West Fifth Avenue Flint, MI 48503 (810) 257-3705

Lapeer County CMH

1570 Suncrest Drive Lapeer, MI 48446 (810) 667-0500 (Voice/TTY)

Sanilac County CMH

227 East Sanilac Avenue Sandusky, MI 48471 (810) 648-0330 TTY: (810) 648-4327

St. Clair County CMH

3111 Electric Avenue Port Huron, MI 48060 (810) 985-8900

Getting services begins with a phone call

To find out if you qualify for public services for **Mental Health** and/or **Substance Use Disorders,** call:

The Access Center:

- For Genesee County call: (877) 346-3648 (toll free)
- For Lapeer, Sanilac and St. Clair Counties call: (888) 225-4447 (toll free)

Telephone screenings are available 8 a.m.- 4:30 p.m., Monday-Friday.

Crisis help is available 24 hours a day, 7 days a week.

For general information, call:

Customer Service:

- For Genesee County call: (877) 346-3648 (toll free) Monday-Friday 8 a.m. - 5 p.m.
- For Lapeer, Sanilac and St. Clair Counties call: (888) 225-4447 (toll free) Monday-Friday 8 a.m. - 4:30 p.m.



The artwork in this brochure was created by artists who receive public mental health services. It is used with permission and cannot be copied.

Accessing Public Mental Health and Substance Use Disorder Services



Prepaid Inpatient Health Plan



Your link to public services for mental health & substance use disorders in Genesee, Lapeer, Sanilac and St. Clair Counties.

www.region10pihp.org

How to get help

Call the Access Center:

- For Genesee County call: (877) 346-3648 (toll free)
- For Lapeer, Sanilac and St. Clair Counties call: (888) 225-4447 (toll free)

Mental health screenings are available during regular business hours, 8 a.m.- 4:30 p.m., Monday– Friday.

Crisis help is available 24 hours a day, 7 days a week.

Available mental health services

Mental Health Services are available for adults and children:

- Family Support
- Individual and group therapy
- Home-based support
- Psychiatric hospitalizations
- Respite care
- Case management
- Personal care and support
- Crisis intervention
- Psychosocial/clubhouse
- Psychiatry
- Adult day activities
- Drop-in center
- And many others

When you call

- We will ask you some questions about your health needs, insurance status, family history, medications and substance use.
- We will let you know if you are eligible for public services for mental health and/or substance use disorders. If you are eligible, you will be given an appointment with a health care professional.
- If you are not eligible, we will refer you to someone who can help you.

When a person has a mental health and a substance use disorder, we treat both at the same time in the same location.

Getting help for a substance use disorder

Call the Access Center:

- For Genesee County call: (877) 346-3648 (toll free)
- For Lapeer, Sanilac and St. Clair Counties call: (888) 225-4447 (toll free)

Substance use disorder screenings are available during regular business hours, 8 a.m. - 4:30 p.m., Monday-Friday.

Available substance use disorder services

- Screening and assessment
- Outpatient therapy (group, family, individual)
- Intensive outpatient
- Residential treatment
- Methadone
- Women's specialty
- Prevention
- Sub-acute detoxification