



Member of the Region 10 PIHP

1570 Suncrest Drive, Lapeer, Michigan 48446

(810) 667-0500

Access to Services

(24 hours a day/7 days a week)



Art work by: Kristine M.



"Music Explosion" by:
Laura W.



"Ms. Bombshell" by:
Tarah F.



"Ducks"
by Patsy A.

MISSION STATEMENT

Lapeer County Community Mental Health provides mental health care through a variety of services to promote complete wellness.

VISION

Lapeer County Community Mental Health will support and serve the community through a variety of services promoting complete wellness including mental wellness always aiming to remove the stigma around mental health care.

WHO WE ARE

Lapeer County Community Mental Health is a community resource providing a variety of services to ensure our friends and neighbors enjoy a life of complete wellness.

WHAT WE DO

Lapeer County Community Mental Health provides stigma free mental health care to ensure the overall health and wellness of the community.

Language Assistance and Accommodations

Language Assistance

If you are a person who does not speak English as your primary language and/or who has a limited ability to read, speak or understand English, you may be eligible to receive language assistance.

If you are a person who is deaf or hard of hearing, you can utilize the Michigan Relay Center (MRC) to reach your PIHP, CMH, or service provider. Please call 711 and ask MRC to connect you to the number you are trying to reach.

If you need a sign language interpreter, or if you do not speak English you may contact Customer Service Monday through Friday, 8 a.m. to 5 p.m.

For individuals in Genesee County, call: (866) 211-5455

For individuals in Lapeer, Sanilac, and St. Clair counties, call : (888) 225-4447

Interpreters are available at no cost to you. Also, the Customer Handbook is available in large print and recorded formats upon request.

Lapeer County Community Mental Health
1570 Suncrest Drive, Lapeer, MI 48446
(810) 667-0500

Chief Executive Officer: Lauren Emmons
lemmons@lapeercmh.org

Medical Director: Dr. Sarah Steinacker, DO
ssteinacker@lapeercmh.org

Recipient Rights Officer: Lisa Jolly
ljolly@lapeercmh.org

Website: lapeercmh.org

Medicaid Health Plans

Medicaid Health Plans cover medical services not included in the service array for mental health and substance use disorders offered in Lapeer County. For a list of medical services, see Chapter 9 in your Customer Handbook. The Medicaid Health Plans that serve Lapeer County are listed below.

McLaren Health Plan.....888-327-0671

Member Services.....810-733-9710

Meridian Health Plan..... 888-437-0606

Member Services.....313-324-3700

Blue Cross Complete of Michigan...888-3676557

Member Services...800-228-8554

United Health Care.....800-980-5213

Molina Health Care888-898-7969

LAPEER COUNTY COMMUNITY RESOURCE GROUPS

| NAME | DATES/TIMES | PHONE NUMBER | ADDRESS |
|--|---|----------------|---|
| Domestic Violence Support Group | Wednesdays 5—6 p.m.. | (810) 667-4175 | 1127 Clark Rd., Lapeer, MI 48446 |
| Caregiver Support Group for Alzheimer's | Fourth Wednesday of the month 6—7:30 p.m. | (810) 732-8500 | VIRTUAL MEETINGS |
| Parents Helping | Call for information | (810) 664-4743 | VIRTUAL |
| Getting Free, Staying Free | Mondays 6 p.m. | (810) 667-0075 | 3340 Davison Rd., Lapeer MI 48446 |
| Depression and Bipolar Support Group | First and third Thursday of the month | (810) 347-4706 | 11714 S. Saginaw St., Grand Blanc MI 48439 |
| Suicide Survivor Group | First & third Tuesday of the month | (810) 338-6315 | 431 N. Court St., Lapeer MI 48446 |
| Grief Share Group | Tuesdays | (810) 724-6030 | 395. E. Third St., |
| New Tomorrows Grief Support | Mondays 4:30—6:30 p.m. | (810) 496-8625 | 10135 Lapeer Rd., Davison MI 48423 |
| Breast Cancer Support Group | Third Wednesday of the month | (248) 992-6623 | 1295 Barry Dr., Suite B Lapeer MI 48446 |
| Better Breathers Club | Third Tuesday of the month | (810) 667-5675 | 1295 Barry Dr., Suite B Lapeer MI 48446 |
| Families Anonymous | First and third Thursday of the month | (810) 441-8027 | 220 Nepessing St., Lapeer MI 48446 |
| Alcoholics for Christ | Thursdays 6—8 p.m. | (810) 667-0075 | 3440 Davison Rd., Lapeer MI 48446 |
| Alcoholics Anonymous | Tuesday & Fridays | (810) 234-1460 | 433 Calhoun St., Lapeer MI 48446 |
| Double Trouble | Thursdays 1—2 p.m. | (810) 667-0500 | 1570 Suncrest Dr., Lapeer MI 48446 |

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WEBSITE RESOURCES

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|---|---|
| Alcoholics Anonymous | https://www.aa.org/ |
| Internet Mental Health | https://mentalhealth.com |
| MedLine Plus Health Information | https://www.medlineplus.gov/ |
| Mental Health America | https://www.mhanational.org/ |
| Michigan Department of Health & | https://www.michigan.gov/mdhhs |
| Association for Children's Mental | http://www.acmh-mi.org/ |
| ARC/Michigan | https://arcmi.org/ |
| Michigan Disability Rights Coalition | https://www.copower.org/ |
| Michigan Protection & Advocacy | https://www.drmich.org/ |
| Michigan Resources | https://www.mi211.org/ |
| Michigan Works | https://www.michiganworks.org/ |
| National Association of the Mentally | https://www.nami.org/Home |
| National Suicide Prevention Lifeline | https://suicidepreventionlifeline.org/ |
| Pure Michigan Talent Connect | https://www.mitalent.org/ |
| Social Security Administration | https://www.ssa.gov/ |
| Substance Abuse & Mental Health Service | https://www.samhsa.gov/ |

NATIONAL HOTLINES

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|--|----------------|
| AIDS hotline | (800) 342-2437 |
| Alcoholics Anonymous | (810) 234-0815 |
| DHS Adult Abuse Hotline | (800) 996-6228 |
| DHS Child Abuse Hotline | (800) 942-4357 |
| DHS Energy Assistance | (800) 292-5650 |
| DHS Homeless Hotline | (800) 274-3583 |
| DHS Runaway Assistance | (800) 292-4517 |
| DHS Mental Health Warmline | (888) 733-7757 |
| Domestic Violence Hotline | (800) 799-7233 |
| LGBT National Help Center | (888) 843-4564 |
| Self-Injury Prevention Hotline | (800) 366-8288 |
| National Suicide Prevention | (800) 273-8255 |
| ACCESS Center | (800) 225-4447 |
| National Sexual Assault | (800) 656-4673 |
| Anti-Bullying Hotline | (855) 565-2729 |
| Substance Abuse and Mental Health Services National Helpline | (800) 662-4357 |

Housing

Human Development Commission

(833) 611-0804

Homeless Services HDC operates several programs to assist with temporary or permanent housing solutions. The program goal is to transition people to permanent housing and supply them with the skills and means to maintain permanent housing status.

Rapid Re-Housing Program is a rapid re-housing program for homeless individuals. All applicants must be referred to HDC for available slot by Blue Water Center for Independent Living (BWCIL). The tenant signs a lease in his or her name. The rent is paid by the Human Development Commission. The Human Development Commission pays the monthly rent to the landlord. The tenant is responsible for any utilities that are not included in the rent. Tenants may participate for up to 18 months. The unit must meet payment standards and pass Housing Quality Standards and Habitability Standards inspections.

Homeless Re-Housing Program is a rapid re-housing program for homeless individuals and or families. The tenant signs a lease in his or her name. The rent is paid by the Human Development Commission. The Human Development Commission pays the monthly rent to the landlord. The tenant is responsible for any utilities that are not included in the rent. Tenants may participate for up to 18 months. The unit must meet payment standards and pass Housing Quality Standards and Habitability Standards inspections.

Housing for Veterans

Veterans should call the intake line for Disability Network of the Thumb at (810) 648-2555.

The Golden Arrow or **Drop in** a place that provides people who have high risk mental health issues with critical social support, as well as organized and informal recreational and social activities. Individuals and employees at the drop in assist each other in solving daily living problems, which may include social, recreational, housing, transportation, and vocational assistance. Open Monday through Friday, 8 a.m. to 4 p.m. Golden Arrow is located at 24 S. Court Street, Lapeer, MI 48446. Their phone number is (810)660-8333.

The Refuge is a transitional housing program for families and individuals (male and female) that are ready, willing, and able to make changes that will move them toward self-sufficiency. You must pass an alcohol test each evening and submit to it at dawn. To schedule an Intake, contact The Refuge or come to the office during office hours only. Office hours are Tuesday through Thursday, 8 a.m. to 1 p.m. Sunday hours by appointment only. Call 810-441-9990. No Drop-ins allowed. You must schedule an intake.

Food Resources

Commodity Supplemental Food Program (CSFP) provides free food and includes things such as canned fruits, vegetables and meats, dried beans, pasta, etc. Senior Citizens (age 60 and older), but must fall within USDA income guidelines. If you are not a senior, you will still get food. For eligibility, call (810) 664-7133.

Stone Soup Food Pantry provides baked goods, produce, meat, dairy and non perishable food to the hungry throughout Lapeer County. Located at 475 South Court Street, Lapeer. Call 810-245-0500 for more information.

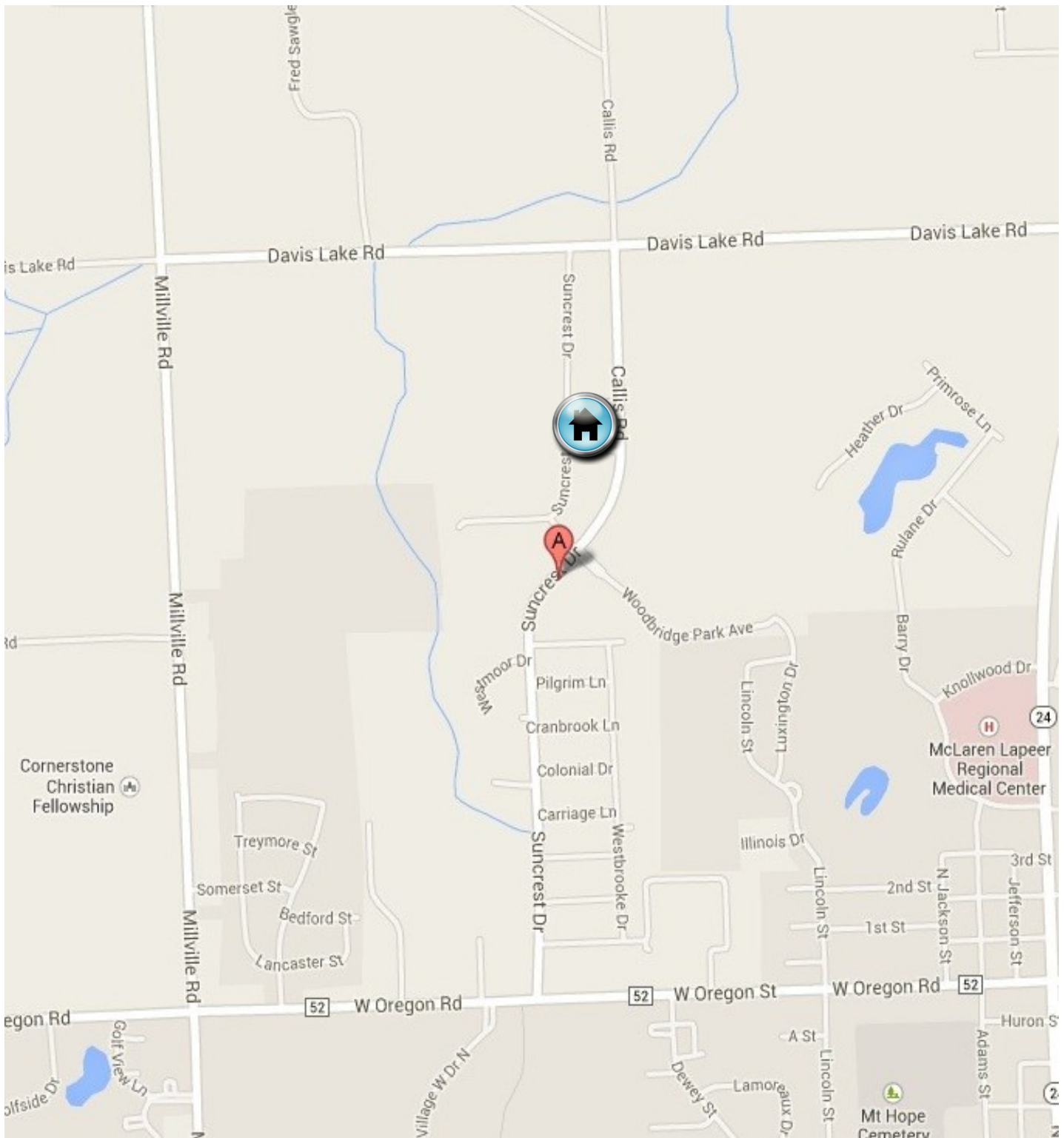
Meals for Seniors is administered through the Lapeer County Health Department. You must be 60 or over, home bound, and a resident of Lapeer County. To determine eligibility, call (810) 245-8566.

Supplemental Nutrition Assistance Program (SNAP)/EBT (Electronic Benefits Transfer) To get SNAP benefits, households must meet resource and income requirements. To apply for benefits make an account at www.mibridges.michigan.gov or call 1-888-678-8914

Food Pantries

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|--|-----------------|
| Almont Vineyard Church | (810) 673-3040 |
| Attica United Methodist Church | (810) 724-0680 |
| Capac Food Pantry | (810) 395-7532 |
| Columbiaville United Methodist Church | (810) 793-6363 |
| Davison Outreach East | (810) 653-7111 |
| Imlay City Hispanic Center | (810) 724-3664 |
| First Congregational Church | (810) 724-6207 |
| St. Paul Lutheran (Imlay City) | (810) 724- 1200 |
| Lapeer Department of Human Services | (810) 667-0800 |
| Lapeer human Development Commission | (810) 664-7133 |
| Love INC. | (810) 245-2414 |
| Trinity United Methodist Church | (810) 664-9941 |
| Grace Episcopal Church | (810) 664-2841 |
| Immaculate Conception Catholic Church | (810) 664-8594 |
| St. Paul Lutheran Church (Lapeer) | (810) 664-6653 |
| Lapeer Freed Methodist Church | (810) 664-3393 |
| Mayville Area Share Shop | (989) 843-5370 |
| North Branch Thrift Shop & Emergency Aid | (810) 688-2920 |
| Good Samaritans Food Giveaway | (810) 667-3123 |

Notes



Lapeer County Community Mental Health Office:

The office is located at the north end of Suncrest Drive. Our mailing address is 1570 Suncrest Dr., Lapeer, MI 48446 .

Directions to get to Community Mental Health:

From the East: Take M-24 north (from M-21 or I-69 exit) to Oregon St. (also known as Bowers); turn left at Oregon St. to Suncrest Dr.; turn right and take almost to the end - our building is one story with blue exterior.

From the West: Take the Lapeer I-69 exit; turn north or left onto M-24 continue past M-21, traveling north to Oregon St., turn left or west to Suncrest Dr., turn right or north, take to the end.

From the North: Take M-24 (N/S Lapeer Rd) south to Davis Lake Rd., turn right at the Security Credit Union onto Davis Lake Rd., turn at the first left which is Callis Rd., and take it to CMH on the right between Callis and Suncrest Dr.