



### **St. Clair County Community Mental Health**

- Administration ▪ Children and Family Services ▪ OBRA ▪ RSS ▪ Access ▪
- Community Integration Services ▪ ACT ▪

*The offices and services listed above are located on the corner of Electric Avenue and 16th Street.*

- 3111 Electric Avenue ▪ Port Huron ▪ Michigan ▪ 48060 ▪
- Phone: (810) 985-8900

#### **Directions to St. Clair County Community Mental Health:**

**North End Directions:** Take M-25 South which becomes Pine Grove Ave/I-69BL/I-94BL. Turn right onto 10<sup>th</sup> Ave. [10<sup>th</sup> Ave. turns into 10<sup>th</sup> St.] Turn right onto Electric Ave. (Lake Huron Medical Center will be on the right). Continue to follow Electric Ave. to CMH (3111 Electric Ave. is just past 16<sup>th</sup> St.).

**I-69 Directions:** Take I-69 East all the way to Port Huron. When approaching the I-94 junction, the I-69 business loop starts. The I-69 freeway will end at 24<sup>th</sup> St. and become a one-way (Oak St.). Follow Oak St. to 16<sup>th</sup> St. and turn right. Take 16<sup>th</sup> St. to Electric Ave. Turn right on Electric Ave. and CMH is on your immediate right.

**I-94 Directions:** Take I-94 all the way to Port Huron. Exit at the Downtown Exit (I-69 business loop Exit 271). It is the next exit after the Range Rd./Dove St. Exit. The I-69 freeway will end at 24<sup>th</sup> St. and become a one-way (Oak St.). Follow Oak St. to 16<sup>th</sup> St. and turn right. Take 16<sup>th</sup> St. to Electric Ave. Turn right on Electric Ave. and CMH is on your immediate right.



## **St. Clair County Community Mental Health**

*Promoting Discovery & Recovery Opportunities  
for Healthy Minds & Bodies*



By : Constance P. St. Clair County

### **St. Clair County Community Mental Health Region 10 PIHP member**



**3111 Electric Ave., Port Huron, MI 48060**

**(810) 985-8900**

**Access to Services**

**24-hours a day/7-days a week**

**Phone: (888) 225-4447**

**Local: (810) 987-6911**

## Mission Statement

“Promoting Opportunities for Discovery & Recovery”

## Vision Statement

In support of its Mission, the Agency will embrace a Vision which:

- Recognizes that all people have the capacity to **discover, recover**, change, grow and develop their thinking, beliefs and behaviors.
- Facilitates **equal access** to quality services.
- Assures availability and access to effective service where programs and opportunities are designed to promote **choice** and responsibility tailored to the strengths and needs of the individual.
- Effectively plans, evaluates, and monitors the system to assure **accountability** for the most effective and efficient management of resources.

## Notes



## Website Resources

**American Psychological Association**

[www.apa.org](http://www.apa.org)

**ARC/Michigan**

[www.arcmi.org](http://www.arcmi.org)

**Association for Children's Mental Health**

[www.acmh-mi.org](http://www.acmh-mi.org)

**Internet Mental Health**

[www.mentalhealth.com](http://www.mentalhealth.com)

**MedLine Plus Health Information**

[www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)

**Mental Health Net**

[www.mentalhelp.net](http://www.mentalhelp.net)

**Michigan Department of Health and Human Services**

[www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)

**Michigan Directory of Service Providers for Infants, Toddlers,  
and Students with Disabilities**

[www.cenmi.org](http://www.cenmi.org)

**Michigan Disability Rights Coalition**

[www.copower.org/mdrc/MDRC.htm](http://www.copower.org/mdrc/MDRC.htm)

**Michigan Protection & Advocacy Services, Inc.**

[www.mpas.org/HomePage.asp](http://www.mpas.org/HomePage.asp)

**National Association of the Mentally Ill**

[www.nami.org](http://www.nami.org)

**National Suicide Prevention Lifeline**

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Parents Guide to Obtaining Mental Health Services for  
Children in Michigan**

[www.acmh-mi.org/ParentGuide6-05.pdf](http://www.acmh-mi.org/ParentGuide6-05.pdf)

**Substance Abuse and Mental Health Service Administration**

[www.samhsa.gov](http://www.samhsa.gov)

## St. Clair County Community Mental Health

3111 Electric Avenue Port Huron, MI 48060

Phone: (810) 985-8900

TTY: (888) 225-1973

**Executive Director:** Debra Johnson

[djohnson@scccmh.org](mailto:djohnson@scccmh.org)

**Medical Director:** Dr. Mohammad Saeed

[msaeed@scccmh.org](mailto:msaeed@scccmh.org)

**Recipient Rights Officer:** Telly Delor

[tdelor@scccmh.org](mailto:tdelor@scccmh.org)

Phone: (810) 966-3743

**Website:** [www.scccmh.org](http://www.scccmh.org)

**CRISIS LINE: (888) 225-4447**

## Medicaid Health Plans (MHPs)

Medicaid Health Plans cover medical services not included in the service array for mental health and substance use disorders offered in St. Clair County. For a list of medical services, see Chapter 9 in your Customer Handbook. The MHPs that serve St. Clair County are:

Blue Cross Complete .....	800-228-8554
Member Services .....	
HAP Midwest Health Plan .....	888-654-2200
Member Services .....	313-581-3700
McLaren Health Plan .....	888-327-0671
Member Services .....	810-733-9710
Meridian Health Plan .....	888-437-0606
Member Services .....	313-324-3700
Molina Health Care .....	
United Healthcare .....	800-903-5253
Member Services .....	248-559-5656

## Community Resources

Below is a sample of resources that residents of St. Clair County who use Community Mental Health services may find helpful.

**Blue Water Center for Independent Living**  
1042 Griswold, #2, Port Huron, MI (810) 987-9337

**Blue Water Safe Horizons**  
Women's Shelter/Counseling St. Clair County  
Crisis Line: (888) 985-5538

**Bridge-Builders Counseling, Inc.**  
723 Court St., #101 & #102 Port Huron, MI (810) 987-8772

**Community Enterprises**  
Port Huron  
1033 - 26th St., Port Huron, MI (810) 982-3261

River District  
1000 DeGurse, Marine City, MI (810) 765-3300

**Community First Health Center**  
555 St. Clair River Dr., Algonac, MI (810)794-4917

**Community First Health Center**  
1011 Military, Port Huron, MI (810) 488-8000

**Department of Health and Human Services (DHHS)**  
220 Fort St., Port Huron, MI (810) 966-2000

**Harbor Oaks Hospital**  
35031 - 23 Mile Road, New Baltimore, MI  
(866) 258-3079

**Lake Huron Medical Center**  
2601 Electric Ave., Port Huron, MI (810) 216-1500

## Community Resources

**Mid-City Nutrition Soup Kitchen**  
St. Martin Lutheran Church  
805 Chestnut St., Port Huron, MI (810) 982-9261

**McLaren Hospital — Port Huron**  
1221 Pine Grove Ave., Port Huron, MI  
(810) 987-5000

**St. Clair County Child Abuse/Neglect Council**  
1107 Military Street, Port Huron, MI  
(810) 966-9911

**St. John River District Hospital**  
4100 River Road, East China, MI (810) 329-7111

**Survivors of Suicide (S.O.S.) Support Group**  
(810) 966-7830

**The Council on Aging, Inc.**  
600 Grand River, Port Huron, MI (810) 987-8811

**The Salvation Army of St. Clair County**  
2000 Court Street, Port Huron, MI (810) 984-2679

**United Way of St. Clair County**  
1723 Military St., Port Huron, MI (810) 985-8169

**Visiting Nurse Association**  
1430 Military St., Ste. A, Port Huron, MI  
(800) 959-4131

**Wellness AIDS Services, Inc.**  
311 E. Court St., Flint, MI (800) 225-2437