

Region 10  
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GROUP MEETING: SUD Oversight Policy Board  
PLACE: Region 10 PIHP –2186 Water Street, Port Huron, MI / In-Person and Virtual Meeting via MS Teams  
DATE: May 07, 2024  
TIME: 3:30 p.m.  
PRESIDING: Kenneth Briggs

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Present: Gary Jones, Jeff Stoner, Todd Anglebrandt, Olivia DeMoss, and Kimberly Shewmaker  
Absent: Bobbie Umbreit, Teddy Pace, Kenneth Briggs, Cheryl Clark  
Also Present: Rusmira Bektas: Region 10 SUD Director, Cindy Eckert: Region 10 Substance Use Disorder (SUD) Administrative Coordinator, Tammy Haerens: Region 10 Substance Use Disorder (SUD) Administrative Technician/Recording Secretary.  
Guests: Tara Moreno: Flint Serenity House Communities, Clarissa Stout: Flint Serenity House Communities, Nicole Stroub: Flint Odyssey House

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**I. CALL TO ORDER**

The meeting was called to order at 3:43 p.m. by Kimberly Shewmaker in Chairperson Briggs absence.

**II. CITIZENS WISHING TO ADDRESS THE BOARD**

None.

**III. ADDITIONS / DELETIONS / CHANGES TO THE AGENDA**

None

**IV. PRESENTATION OF PREVIOUS MEETING MINUTES (Action)**

Due to Chairperson Briggs and Vice Chairperson Umbreit's absence meeting minutes were not voted on.

**V. Motherhood in Recovery**

Ms. Moreno with Flint Serenity House Communities presented on a new program that they are offering called Motherhood in Recovery. Ms. Moreno reported that they were awarded a grant from the Michigan Perinatal Quality Collaborative and Region 6 PQC Advancing Healthy Births Initiative. The focus of this program is to improve birth outcomes, reduce health disparities and addressing the root causes of these disparities for mothers in recovery from substance use disorders, codependency, and trauma. Serenity House Communities also provides weekly breastfeeding and child birthing classes in partnership with YOLO (You Overcoming Lactation Obstacles). There is no cost for this class and it provides guidance to both mom and dad as they navigate the childbirth experience and breastfeeding. Free access to a doula is also provided as well as linking the parent to a peer recovery coach. The program supports the mother through labor and delivery and up to two (2) weeks postpartum. Self-care groups and breastfeeding classes are also provided at Serenti House Communities, as well as transportation.

#### **VI. SUD Director Update**

Ms. Bektas reported that Region 10 is waiting for guidance from the state on Conflict Free Access and Planning and are hopeful that Region 10 will receive it at a special contract negotiation meeting with MDHHS mid to late May. Ms. Bektas also reported that the budget process has already started. The Houses propose \$30 million of state opioid funds be managed through the PIHPs/CMHEs for fiscal year 25 and there is \$1.8 million that will be available for RCOs. There will be more information to come on this and will be reported to the board at the June or July meeting. The Senate proposes using \$6 million in Opioid Settlement funds to match Medicaid and increase peer recovery services as a Medicaid benefit. The process is just beginning and we should expect the conference committee to begin negotiating the budget sometime after May 17th.

Finally, the finance team will begin attending the SUD Oversight Policy Board meetings starting in June to discuss the budget and answer any questions.

#### **V. Provider Network Update**

Ms. Eckert reported that the annual Women's Recovery Conference "Save the Date" has gone out. The conference will be on August 8<sup>th</sup> and registration will start soon.

A PA2 request has come through from New Paths Inc in the amount of \$2,376.00 for a CCAR training in which food was provided. Due to this being an unofficial meeting and not having quorum this PA2 request will be sent out for a vote via email. On 05.08.2024 an email was sent to the board for voting. Genesee County members voted unanimously in agreement of this proposal.

Ayes: Kenneth Briggs, Kimberly Shewmaker, Gary Jones. Nayes: None. Abstained: None.

#### **VII. Any Other Business To Properly Come Before The Board**

None.

#### **VIII. CITIZENS WISHING TO ADDRESS THE BOARD**

None.

#### **IX. ADJOURNMENT**

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Adjournment of the meeting was moved by Ms. Shewmaker. With no further business to discuss, the meeting was adjourned at 4:14 p.m.

Respectfully submitted,

Tammy Haerens  
Recording Secretary