



# Women's Recovery Conference

## August 8, 2024

for women in recovery and professionals supporting recovery



### Keynote Speaker: Michelle Steffes

#### *Resilience in Times of Change*

Ms. Steffes isn't just an author, speaker, trainer and podcaster – she is a catalyst for human achievement. Drawing from 30 years of leadership and 10,000 hours of study on neuropsychology, Michelle is an international thought leader, featured in multiple publications, radio shows and media.

### Keynote Speaker: Shenandoah Chefalo

#### *Trauma in Us and Our Communities*

As a survivor and alumni of the foster care system, Ms. Chefalo is a sought-after speaker, award-winning author, and expert trauma-informed specialist with 20+ years of leadership consulting. She speaks on navigating change on the journey to mental wellness.



## SESSION TOPICS



Human Trafficking



The Feminization of Gambling



Parenting



Restorative Brain Training



Neonatal Abstinence



Holistic Recovery: Whole Person Healing

Plus, career and educational opportunities. Vendor tables include free resources, and therapy dogs will be onsite. CEUs available for professionals.

For registration details:  [Haerens@region10pihp.org](mailto:Haerens@region10pihp.org) |  810.966.3388 |  810.216.9746

Breakfast, lunch, and snacks included!



8:30a - 4:00p



Riverfront Banquet Center  
1 Riverfront Plaza | Flint, MI 48502



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